

| Italian Sentence                            | English Translation                  | Molto or Tanto?   | Why? / Notes                                                        |
|---------------------------------------------|--------------------------------------|-------------------|---------------------------------------------------------------------|
| Studio <b>molto</b> / Studio <b>tanto</b> . | I study a lot.                       | Both              | Interchangeable. <i>Tanto</i> sounds a bit more emphatic.           |
| C'erano <b>molte</b> persone alla festa.    | There were many people at the party. | Molto (adj.)      | Slightly more formal or written.                                    |
| C'erano <b>tante</b> persone alla festa.    | There were many people at the party. | Tanto (adj.)      | More conversational and commonly used in speech.                    |
| Ti voglio <b>tanto</b> bene.                | I love you so much.                  | <b>Tanto only</b> | Fixed expression. <i>Molto</i> sounds unnatural here.               |
| È <b>molto</b> interessante.                | It's very interesting.               | Molto             | Most natural and standard form.                                     |
| È <b>tanto</b> interessante che...          | It's so interesting that...          | Tanto             | Used for emphasis, followed by a result or consequence.             |
| Ho <b>molti</b> problemi.                   | I have many problems.                | Molto (adj.)      | Neutral or factual tone.                                            |
| Ho <b>tanti</b> problemi.                   | I have so many problems.             | Tanto (adj.)      | Emphasizes the quantity, often emotionally.                         |
| Mangio <b>molto</b> / Mangio <b>tanto</b> . | I eat a lot.                         | Both              | Common in speech. <i>Tanto</i> may feel more intense or expressive. |